

Safer Sleeping Policy

At Harvey Bears we understand the danger of Sudden Infant Death Syndrome from babies not sleeping in the correct position.

In the belief that proactive steps can be taken to lower the risk of SIDS in childcare settings, and that parents and Harvey Bears can work together to keep babies and toddlers safe while they sleep we follow this Safe Sleeping Policy.

- Babies and toddlers will always be placed to sleep on their backs, unless there is a signed sleep position medical waiver on file. If the child is under 6 months the waiver must be signed by the babies doctor, a parent's signature is accepted for babies over six months.
- We understand that babies will have a preferred sleeping position and can roll over unaided. This will be discussed with the parent and their advice from them sought.
- It is recommended that if the baby has a dummy this is given before sleep, as it has been shown that it can reduce the risk of cot death.
- Visual supervision is given at all times and babies are anled so a member of staff can check them every 10 minutes.
- Steps will be taken to ensure that children do not become overheated by regulating the room temperature, avoiding excess bedding and not overdressing or overwrapping the child.
- If possible all children should sleep on a mat. Where necessary for a child to sleep in a buggy written parental permission will be sought.
- We operate a No Smoking policy in Harvey Bears Nursery.